



# Guard Yourself Against Preventable Diseases and Get Vaccinated Today!

**Did you know that every year thousands of people in the U.S. become seriously ill and are hospitalized with preventable diseases? <sup>1</sup>**

Getting vaccinated helps prevent the spread of serious diseases. Your plan sponsor and Navitus are pleased to offer this service through your pharmacy benefit as another way to help you maintain good health.

## Getting Vaccinated is Easy and Convenient

The vaccines listed below are available from pharmacies nationwide, offering you easy, convenient access.\*

- ▶ Hepatitis A
- ▶ Hepatitis B
- ▶ Human papillomavirus (HPV)
- ▶ Influenza (flu)
- ▶ Measles, mumps & rubella (MMR)
- ▶ Meningococcal
- ▶ Pneumococcal
- ▶ Tetanus toxoid–diphtheria-pertussis (TDAP)
- ▶ Tetanus-diphtheria
- ▶ Typhoid
- ▶ Varicella
- ▶ Zoster

Call your preferred network pharmacy prior to visiting to make sure the pharmacists on staff are certified to give a vaccine and to find out if you are required to bring a prescription. Remember to bring your pharmacy benefit ID card.

**Get vaccinated today! Visit the member portal at [www.navitus.com](http://www.navitus.com) or your plan's website to find the list of preferred network pharmacies near you.**

\*This list varies from plan to plan. Check with your plan sponsor to see which vaccines are available to you.

<sup>1</sup> Centers for Disease Control and Prevention. Reasons to Vaccinate. <https://www.cdc.gov/vaccines/adults/reasons-to-vaccinate.html>. Accessed October 7, 2019.